



Wholly Informed Sex Ed

EVERYONE DESERVES QUALITY SEX ED

Enroll for Fall Classes NOW!

Grades 7-9 and 10-12

Sundays 1:30-4:00 p.m.

September 20, 27; October 4, 18, 25

• Mandatory parent orientation during first session •

"Do you know a group of Middle or High School students who are in need of quality sex education? Would you like to help them access the best, most up-to-date program available? WISE is here to fill the gaps left by a K-12 system that fails to provide essential, life-affirming skills of body literacy and healthy relationship building, in a shame-free, non-judgmental course that includes all bodies and makes space for student-led inquiry.

Our mission is to meet students where they are, delivering comprehensive, science-based sex education. WISE delivers a series of five sessions, covering the most vital topics & aligned with National Sex Education Standards:

Session 1 - Humans as Sexual Beings
What Is Sexuality | Examining Values
Anatomy & Physiology | Puberty
Bodies & Self-Care

Session 2 - Identity & Contemporary Issues
Sexual Identity | Disability | Race
Body Image | Media & Technology

Session 3 - Pleasure & Connection
Healthy Relationships | Communication
Outercourse | Healthy Sexual Relationships

Session 4 - STIs & Pregnancy
Sexually Transmitted Infections | Safer Sex
Conception, Pregnancy, & Birth
Unintended Pregnancy Options
Contraception | Condom Use

Session 5 - Communicating About Sexuality
Consent | Sexual Decision Making
Communicating with a Sexual Partner

Through WISE, teens learn to:

- Affirm & respect themselves & others.
- Increase comfort & skills around sexuality & communication.
- Explore, develop, & articulate personal values.
- Learn the parameters of consensual, mutual, & safe interactions.
- Increase knowledge & skills for avoiding unintended pregnancy & sexually transmitted infections.
- Assess the impact of media messages on sexuality & behavior.

"The main thing I learned that really changed my perspective is that everyone my age is going through this process together and that no one is alone."

~ WISE Student

**whollyinformedsex-ed.org
info@whollyinformedsex-ed.org
[@whollyinformedsexed](https://www.instagram.com/whollyinformedsexed)**



Scan here to register!
• Class location given upon registration •

Contact WISE today and secure your spot! • \$250 per student; scholarships available.