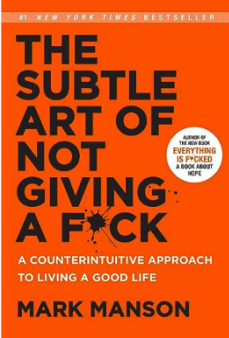


UU Learning Community 2024 Schedule

We are a UU learning community studying all aspects of the human condition: from evolution to religion, from psychology to sociology. Join us in person or through Zoom each Sunday morning. Newcomers welcome.

Sundays 9:30 am – 10:30 am In Person Room 305 Hallman Building

Or Zoom **Meeting ID: 872 7615 3482, Password: 571153**

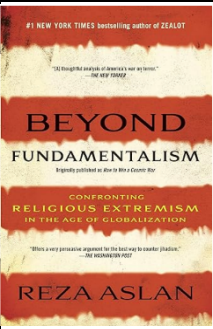


The Subtle Art of Not Giving a F***

A Counterintuitive Approach to Living a Good Life

Mark Manson makes the argument that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Manson advises us to learn of our limitations and accept them, so we can begin to find the courage, perseverance, honesty, curiosity, and forgiveness we seek. Filled with entertaining stories and ruthless humor, this New York Times bestseller is a refreshing push to help us lead contented, grounded lives.

February 11 to March 24					
Chapters 1 & 2	Feb 11		Chapter 5	Mar 3	
Chapter 3	Feb 18		Chapter 6	Mar 10	
Chapter 4	Feb 25				Chapter 7
					Mar 17
					Chapters 8 & 9
					Mar 24

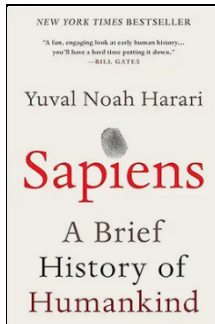


Beyond Fundamentalism

Confronting Religious Extremism in the Age of Globalization

How do you win a religious war? By refusing to fight in one. Reza Aslan conducts an in-depth study of the ideology fueling militants throughout the Muslim world and an exploration of religious violence in Judaism, Christianity, and Islam. At a time when religion and politics increasingly share the same vocabulary and function in the same sphere, Aslan writes that we must strip the conflicts of our world of their religious connotations and address the earthly grievances that always lie at its root.

April 14 to May 19					
Intro, Chapter 1	Apr 14		Chapter 3	Apr 28	
Chapter 2	Apr 21		Chapter 4	May 5	
					Chapter 5
					May 13
					Chapters 6, 7
					May 19



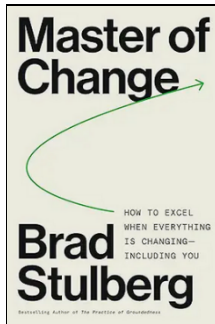
Sapiens

A Brief History of Human Kind

Dr. Yuval Noah Harari provides a highly original approach to human history beginning about 70,000 years ago with the appearance of modern cognition. From examining the role evolving humans have played in the global ecosystem to charting the rise of empires, This international best-seller integrates history and science to reconsider accepted narratives, connect past developments with contemporary concerns, and examine specific events within the context of larger ideas.

June 2 to August 25

Chapter 1	Jun 2		Chapter 5	Jul 7		Chapter 9	Aug 4
Chapter 2	Jun 9		Chapter 6	Jul 14		Chapter 10	Aug 11
Chapter 3	Jun 16		Chapter 7	Jul 21		Chapter 11	Aug 18
Chapter 4	Jun 23		Chapter 8	Jul 28		Chapters 12, 13	Aug 25



Master of Change

How to Excel When Everything Is Changing – Including You

From social disruptions like economic recessions, pandemics, and new technologies to individual disruptions like getting married, career transitions, and becoming a parent, we undergo change and transformation—both good and bad—regularly. Change is not the exception, it's the rule. Brad Stulberg, sustainable excellence expert, coach, and bestselling author offers a revelatory book on rethinking change, creating a rugged and flexible mindset and identity, developing habits for life's intensifying flux.

September 8 to October 13

Intro, Chapter 1	Sept 8		Chapters 2, 3	Sept 22		Chapter 5	Oct 6
No Session	Sept 15		Chapter 4	Sept 29		Chapter 6, Concl.	Oct 13



Not the End of the World

How We Can Be the First Generation to Build a Sustainable Planet

We are constantly bombarded by doomsday headlines that tell us the soil won't be able to support crops, fish will vanish from our oceans, and that we should reconsider having children. But in this bold, radically hopeful book, data scientist Hannah Ritchie argues that if we zoom out, a very different picture emerges. In fact, the data shows we've made so much progress on these problems that we could be on track to achieve true sustainability for the first time in human history.

October 20 to December 15

Intro, Chapter 1	Oct 20		Chapter 4	Nov 10		Chapter 7	Dec 8
Chapter 2	Oct 27		Chapter 5	Nov 17		Chapter 8, Concl.	Dec 15
Chapter 3	Nov 3		Chapter 6	Nov 24			